

Personal/Social Development



Standard: Interpersonal and Communication Skills

Competency: 7.5 Identify sources and effects of peer pressure.

Lesson Topic: Peer Pressure

Grade Level: 4-5

Length: 1 class period

Materials

"Peer Pressure" worksheet.

Evaluation

Students will identify sources and effects of negative peer pressure and learn skills to manage peer pressure.

Procedure

1. The teacher establishes that one's "peers" are people the same age or grade and defines "pressure" as a force or strong influence.
2. The teacher then asks students to define the term "peer pressure."
3. The teacher lists some examples of peer pressure: pressure to skip school, pressure to use drugs, pressure to cheat, etc.
4. The teacher hands out the "Peer Pressure" worksheet and asks students to complete.
5. A class discussion follows on the next day to discuss answers and strategies used to manage peer pressure.