

# LESSON PLAN

## ESL/Adult – Victoria Quevedo Oregon Department of Corrections

**Lesson Title:** Over the Counter Medicines and Home Remedies

<p style="text-align: center;"><b>CURRICULUM AREA:</b></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 33%;"><u>Writing</u></td> <td style="width: 33%;">Social Science</td> <td style="width: 33%;"><u>Language Arts</u></td> </tr> <tr> <td>Science</td> <td><u>Workplace /Life Skills</u></td> <td>Mathematics</td> </tr> <tr> <td><u>Reading</u></td> <td>Literature</td> <td>Communications</td> </tr> <tr> <td>Algebra</td> <td>Applied Math</td> <td>Geometry</td> </tr> </table>	<u>Writing</u>	Social Science	<u>Language Arts</u>	Science	<u>Workplace /Life Skills</u>	Mathematics	<u>Reading</u>	Literature	Communications	Algebra	Applied Math	Geometry	<p style="text-align: center;"><b>SUBJECTS:</b></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 33%;">General Science</td> <td style="width: 33%;">Life Science</td> <td style="width: 33%;">Earth/Space Science</td> </tr> <tr> <td>Physical Science</td> <td>Global Studies</td> <td>Government &amp; Civics</td> </tr> <tr> <td>Economics</td> <td><u>Workplace Skills</u></td> <td><u>Second Language</u></td> </tr> <tr> <td>Art</td> <td>Technology</td> <td>Physical Education</td> </tr> <tr> <td><u>Health</u></td> <td><u>Life Skills</u></td> <td></td> </tr> </table>	General Science	Life Science	Earth/Space Science	Physical Science	Global Studies	Government & Civics	Economics	<u>Workplace Skills</u>	<u>Second Language</u>	Art	Technology	Physical Education	<u>Health</u>	<u>Life Skills</u>	
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<p><b>Lesson Description:</b> After this lesson the students will be able to identify the over the counter medicines sold at canteen and what each is used for. Secondly, they will write a home remedy to cure a common ailment. As a class we will compile a guide of home remedies applicable to the prison environment.</p>	<p><b>Real Life Connection:</b> The majority of ESL students do not understand what the items sold on the canteen are, or what they can be used for. They constantly complain about common ailments and how they don't receive what they consider adequate help from the medical staff. By drawing on old and new information on home remedies and over the counter medications, we address this need</p>																											
<p style="text-align: center;"><b>Materials Needed:</b></p> <p>Canteen List  Over the counter medicine list    (only the stuff sold at canteen)  Chart of common ailments  Vocabulary needed to write home remedies  Sample of a home remedy to cure migraines</p>	<p style="text-align: center;"><b>Time Involved:</b></p> <p>3 one and a half hour periods  Compiling the home remedies guide will last the entire term.</p>																											