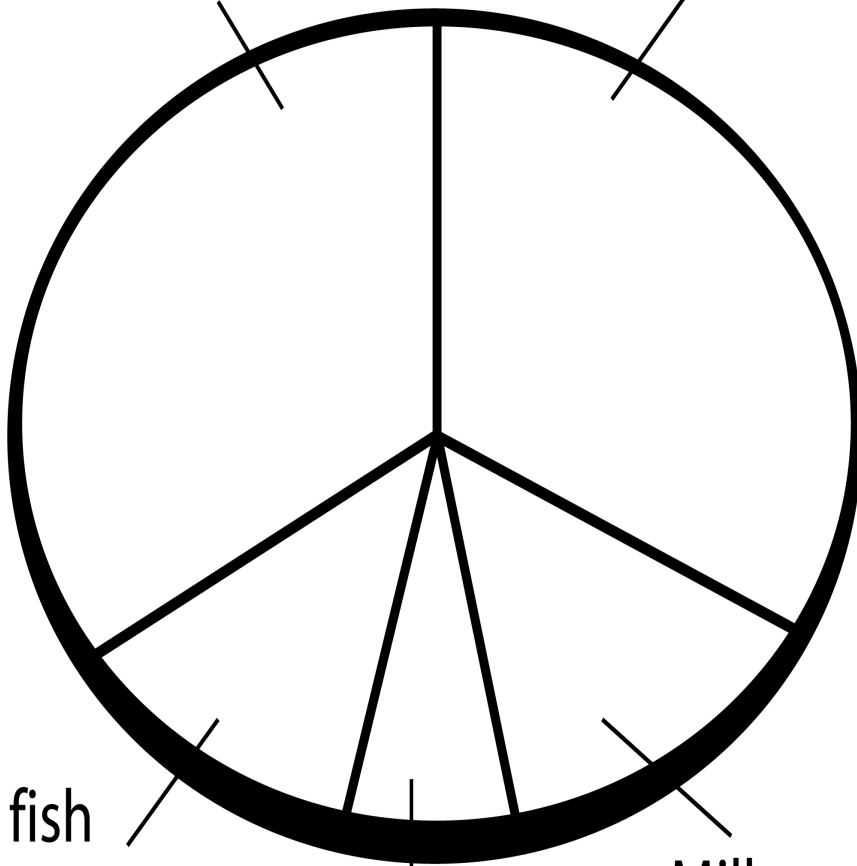


Fruit and vegetables

Bread, other cereals and  
potatoes



Meat, fish  
and alternatives

Milk and dairy foods

Foods containing fats  
foods containing sugars