

PARENTING CONTRACT

I, _____ do hereby promise to meet the following expectations and requests to my parental responsibilities.

- I promise to love my child with respect and compassion. I will not belittle, degrade, or humiliate my child regardless of his or her actions. I will treat my child the way I would like to be treated when I am in his or her age.
- I promise to spend a reasonable amount of quality time with my child and my partner give him or her positive attention when appropriate.
- I promise to use a joint calendar for my child to bring materials like books that help his or her homework assignments need to handle difficult situations and all related to a school, community program that would benefit him or her to his learning, interest and responsibility by doing his own things.
- I promise my partner to make my child safe to go to school and to go to work, especially knowing that that is not his or her responsibility to do.
- I will use healthy solutions and healthy communication to my child. Sometimes I will listen for my child to learn from his mistakes or learn from his or her own mistakes.
- I promise to avoid speaking to my child using belittling or hostile language as well as avoid the use of physical force or other behaviors in the future.
- I will encourage my child to practice healthy habits and will model myself as my child's example.
- Most of all I promise to love my child with love physical and emotional love. I will provide a safe secure, and nurturing environment for my child and his partner. I will do my best to provide a nurturing loving home where my child can grow and learn and will make sure that he is safe always in a secure and safe environment.

If I am able to meet the conditions stated in this contract then I can feel proud of my parenting responsibilities. I do realize though, that these conditions alone will not make me a good parent. I will need to work diligently with his or her other parent to make sure that I am able to do.

Parent Signature

Parent Signature