

Wash Your Hands! ¡Lávase Las Manos!



1. Wet Hands
Moja las manos



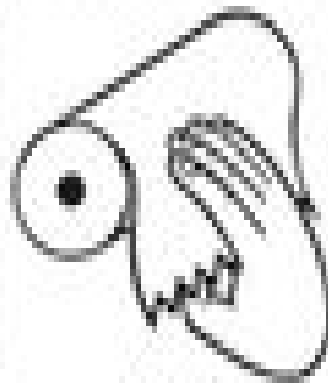
2. Soap
Enjabonar



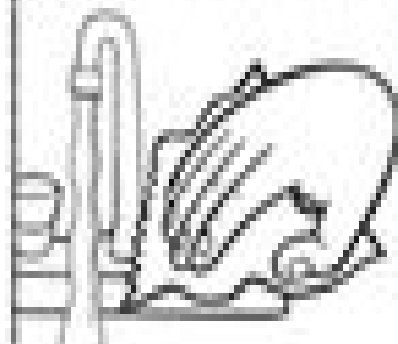
3. Wash for 20 seconds
Frotte las manos por 20 segundos



4. Rinse
Enjuague



5. Dry
Seque las manos



6. Turn Off Water
with Paper Towel
Cierre el grifo usando un toalla de papel

Source: Centers for Disease Control and Prevention, Division of Field Epidemiology, National Center for Zoonotic and Communicable Disease Surveillance and Control