

SMART Goals Template

GOAL:

S	Specific	What do you want to accomplish? What are your objectives? What do you need?	
M	Measurable	How do you know you've succeeded? How will you know when you're done?	
A	Attainable	How do you think you'll do it? How do you think you'll do it?	
R	Relevant	Why is this important? How does this fit with your other goals? How does this fit with your other goals?	
T	Time Bound	When do you want to accomplish this goal? How long will it take? How long will it take?	

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