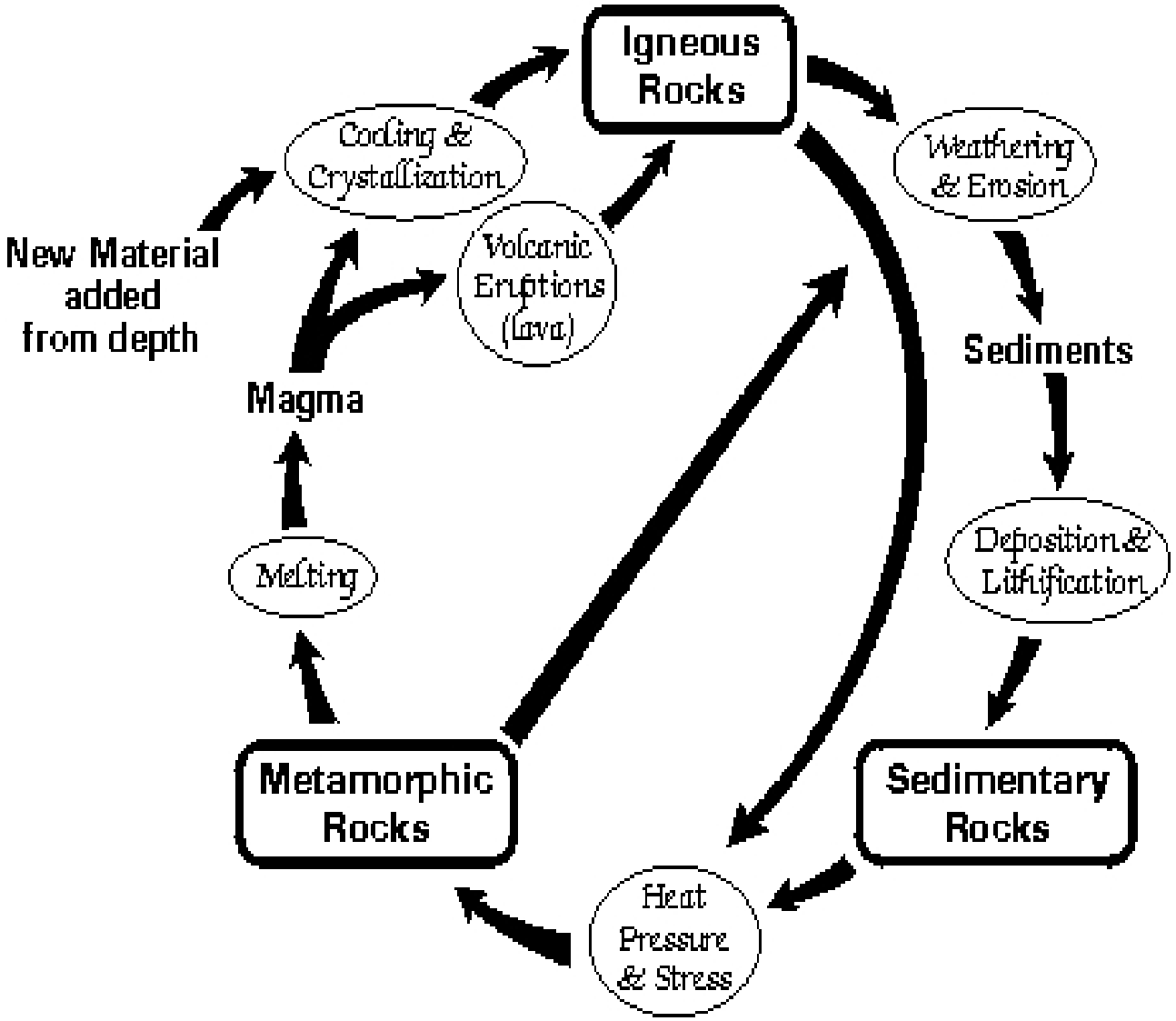The Rock Cycle