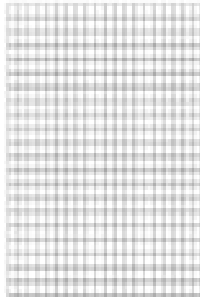


Date _____

★ Gathering Momentum ★

10 things I'm grateful for

- 01. _____
- 02. _____
- 03. _____
- 04. _____
- 05. _____
- 06. _____
- 07. _____
- 08. _____
- 09. _____
- 10. _____

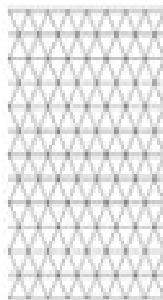


Wouldn't it be nice if

- _____
- _____
- _____

Today I intend to

- _____
- _____
- _____



1 thing I love

- 01. _____
- 02. _____
- 03. _____
- 04. _____
- 05. _____

1 thing I'm excited about

- 01. _____
- 02. _____
- 03. _____

Advice from my higher self

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

Interview with myself

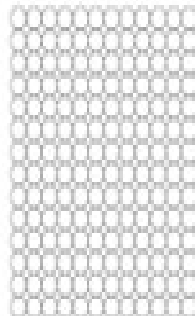
Q _____

A _____

Today's affirmations

4 things inspiring me today

- 01. _____
- 02. _____
- 03. _____
- 04. _____

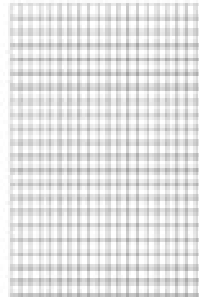


Date _____

★ Gathering Momentum ★

10 things I'm grateful for

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- 02. _____
- 03. _____
- 04. _____
- 05. _____
- 06. _____
- 07. _____
- 08. _____
- 09. _____
- 10. _____

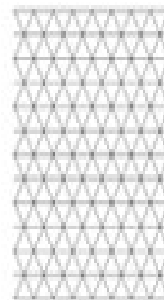


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