

<b>Functional Ability Categories &amp; Representative Activities/Attributes for the <u>Certified Nursing Assistant</u></b>	
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Gross Motor Skills	Move within confined spaces, Maintain balance in multiple positions, Reach below waist (e.g. plug electrical appliance into wall outlet), Reach out front.
Smell	Detect body and environmental odors.
Fine Motor Skills	Grasp, pinch, twist, squeeze (e.g. record/chart), Hand coordination (e.g. manipulate equipment)
Environment	Tolerate exposure to allergens (e.g. latex products, chemical substances). Tolerate heat and humidity (e.g. giving showers).
Physical Endurance	Maintain physical activity for length of clinical shift.
Reading	Read and understand written documents (flow sheets, charts, graphs) Read digital displays.
Communication	Interact with others, Speak English, Write English, Listen and understand spoken and written word.
Physical Strength	Push, pull and lift 50 pounds. Support 50 pounds. Use upper/lower body strength.
Tactile	Feel vibrations (e.g. pulse), Detect temperature (e.g. skin, liquids, environment, equipment), Feel differences in surface characteristics (e.g. rashes, swelling).
Hearing	Hear normal level speaking sounds. Hear faint voices/whisper.
Emotional Stability	Ability to provide client with emotional support. Adapt to changing environment/stress. Focus attention on task. Cope with strong emotions in others (e.g. anger, grief). Respond to the unexpected (e.g. death, emergencies). Maintain emotional control.
Mobility	Twist/bend/stoop/squat. Move quickly (e.g. respond to an emergency). Climb stairs. Walk (e.g. walk with client)
Math	Add/subtract/multiply/divide/measure. Tell time/count.
Visual	See objects up to 20 feet away (e.g. computer screen, skin, client in room. Use depth perception, peripheral vision. Distinguish color, color intensity.
Problem Solving	Know the difference between serious and minor problems, apply knowledge and skill, organize and use information.
Interpersonal Skills	Establish appropriate relationships with clients, families, and coworkers. Respect cultural differences. Handle interpersonal conflict