

## Developmental Theories in Action: Clinical Worksheet

Client name: \_\_\_\_\_

Age: \_\_\_\_\_

### EVENTS

Current Stressors:

Significant Historical Stressors:

### BIOLOGICAL FACTORS

Cognitive/Sensory/Motor Skills:

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### COPING SKILLS

Defense Mechanisms:

Strengths and Virtues:

ATTACHMENT  
STYLE:

### DEVELOPMENTAL STAGE

Piaget:

Erikson:

Kohlberg:

PARENTING STYLE(s):

Other Relevant Factors:

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