Organize My Mess Janice I. Wilhelm 410-446-0909

				410-446-0909	
Bread/Bakery		Breakfast/Drinks		Canned Goods	
bread- white/wheat		cereal:		kidney/pinto/black beans	
rolls:		oatmeal/crm of wht/grits		soup:	
bagels		pop tarts/breakfast bars		beef broth/chicken broth	
pita bread/wraps		coffee/tea- reg, decaf		tomato paste/sauce	
pizza dough		water/juice/soda		diced/whole tomatoes	
french/italian bread		powdered drink mix		spaghetti sauce	
tortillas/tacos				alfredo/pesto sauce	
cookies/cake		Fresh/Frozen Produce		fruit:	
muffins/donuts		peas/carrots		veggies:	
•		beans/corn		other:	
Dairy		broccoli/spinach		salsa/refried beans	
milk:		zucchini/squash		Frozen Foods	
creamer:		tomatoes		fishsticks	
cheese:		cabbage/cauliflower		meatballs	
butter/margerine eggs/liquid eggs		asparagus/mixed veggies lettuce/collard greens		pizza waffles/pancakes/fr toast	
sour cream yogurt/go-gurt		potatoes/onions peppers		icecream: dessert:	
cream cheese		herbs:		uessert:	
cheese sticks		lieros.		Pet Food/Snacks	
cream cheese		Fruit		Cleaning Supplies	
cottage cheese		apples/oranges		sponges	
whipped cream		bananas		dishsoap	
Willipped Greati		pears/peaches		dishwasher detergent	
Veat		melons/grapes		toilet cleaner	
ground beef		pineapple/strawberries		window cleaner	
roast		lemon/limes		wipes/magic erasers	
steak/ ribs		raisins/apricots		handsoap	
chicken breast	CREEFFEFFFFFFFFFFFFFFFFFFFFFFFFFFFFFFFF	, , ,	C.C.C.C.C.C.C.C.C.C.C.C.C.C.C.C.C.C.C.	laundry soap/dryer sheets	ELEKERES ELEKTRISTER
chicken, other		Staples/Snacks		bleach/stain fighter	
turkey		flour/sugar		trash bags	
,				trasii bays	
pork roast/tenderloin		rice/oats/bran			
pork chops/pork ribs		oil/vinegar		Toiletries	
bacon/ham		nonstick cooking spray		soap	
sausage veal/lamb		breadcrumbs/stuffing mix		shampoo/conditioner	
seafood:		ketchup/mustard pickles/relish		toothbrush/toothpaste floss/mouthwash	
fish:		salad dressing/BBQ sauce		deoderant	
lunch meat:		mayo/miracle whip		razors	
lunchables		pasta		tampons/pads	
deli-salad		macaroni & cheese		lotion	
deli-other		pancake mix/syrup		medication:	
Baby		peanut butter/jelly		Paper Supplies	
diapers/pullups		cake mix/brownie mix		toilet paper	
wipes/diaper cream		nuts:		paper towels	
formula		spices:		facial tissue/paper napkins	
cereal		candy:		disposable plates/cutlery	
fruit/veggies		fruit snacks/rollups		snack/sandwich bags	
snacks		granola bars		freezer bags- lg/small	
pacifier		chips/pretzels/popcorn		plastic wrap	
bottle/liners		cookies/crackers		wax paper	
baby soap/shampoo	l	pudding/jello		aluminum foil	

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