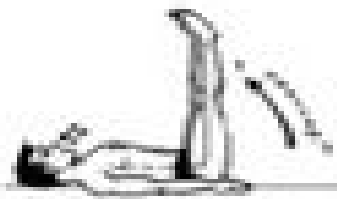




Comfortable



Butterfly



Raised-leg



Adamant/Strong



Half-Squat



Stomach Twist