

WEEK OF: \_\_\_\_\_

**Menu Planning Worksheet**

USDA Child Care Food Program Snack and Meal Pattern								
<b>BREAKFAST</b>								
Milk								
Fruit and/or Vegetable								
Bread or Cereal								
<b>MORNING SNACK</b> (Serve any two of the following foods.)								
Milk								
Fruit and/or Vegetable								
Bread or Bread Alternate								
Meat or Meat Alternate								
<b>LUNCH</b>								
Meat or Meat Alternate								
Vegetable and/or Fruits (2 or more)								
Bread or Bread Alternate								
Milk								
Other Foods								
<b>AFTERNOON SNACK</b> (Serve any two of the following foods.)								
Milk								
Fruit and/or Vegetable								
Bread or Bread Alternate								
Meat or Meat Alternate								
<b>SUPPER</b>								
Meat or Meat Alternate								
Vegetable and/or Fruits (2 or more)								
Bread or Bread Alternate								
Milk								
Other Foods								

PROVIDER'S NAME \_\_\_\_\_

KIDS UNLIMITED SERVICES, INC.