

Super's Life-Career Rainbow:

Six Life Roles Throughout the Life Span:

1. Child 2. Student 3 Leisurite 4. Citizen 5. Worker 6. Homemaker

Five Stages of Development Throughout the Life Span:

1. Growth 2. Exploration 3. Establishment 4. Maintenance 5. Decline

Five Vocational Tasks:

1. Crystallization 2. Specification 3. Implementation 4. Stablization 5. Consolidation

Personal Determinants: 1. Psychological 2. Biological

Situational Determinants: 1. Historical 2. Socioeconomic