

Motivation Worksheet

This worksheet can be given to team members to fill out or can be used as an interviewing tool during a discussion with individual team members. These questions are intended for use as a tool, to learn what motivates each of your team members.

Personal Goals

What do you hope to gain from this position?

In what area(s) do you want to strengthen, improve, or develop?

Do you feel the most satisfaction when you: (select 1-2)

- | | |
|--|--|
| <input type="checkbox"/> Lead a group | <input type="checkbox"/> Work with others (co-operation) |
| <input type="checkbox"/> Master a new skill | <input type="checkbox"/> Influence or teach others |
| <input type="checkbox"/> Receive recognition | <input type="checkbox"/> Achieve a goal |

Is there anything (or role) you would like to be doing right now that you are not doing?

What is the driving force that motivates you to participate?

Recognition

Do you like recognition for your accomplishments?	Yes	No
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What type of recognition is most meaningful to you?

- | | |
|--|---|
| <input type="checkbox"/> Awards | <input type="checkbox"/> Announcement from someone in a high position |
| <input type="checkbox"/> Verbal from other members | <input type="checkbox"/> Given more responsibility |
| <input type="checkbox"/> Written (letter) | <input type="checkbox"/> Direct praise from a leader |
| <input type="checkbox"/> Other: | |

Team Goals

Are you more invested in a goal that is assigned to you, or that you set for yourself?	Assigned	Personal
Do you feel more satisfied when you accomplish a goal on your own or when your team succeeds?	Individual	Team