

GOAL SETTING CHART

Imagine and Plan Your Future

STUDENT NAME:	1 YEAR from today	5 YEARS from today	10 YEARS from today	25 YEARS from today
How old are you?				
What year?				
Where do you live? (City/State)				
What is your career/occupation?				
What is your status? <small>(single, married, widowed, divorced, other)</small>				
What are <u>three</u> goals in your life?	1. 2. 3.	1. 2. 3.	1. 2. 3.	1. 2. 3.
What are two accomplishments or satisfactions that you anticipate in your life?	1. 2.	1. 2.	1. 2.	1. 2.
Comment on your family situation.				

Lesson Objective (Content and Substance)

- Students use the writing process to design a personal mission statement. This personal mission statement will guide planning and reinforce career exploration, planning, and reflection for senior culminating project.
- Students use the writing process to write journal reflections (metacognition).
- Students will use the writing process to write a personal narrative.
- Being Proactive, Shifting Paradigms, Using a Relationship Bank Account, developing mission statement.