

## Dental Hygiene

### Questions

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- C 1. Which word means the things a person does to stay healthy and keep clean?  
A. abscess  
B. tartar  
C. hygiene  
D. plaque
- A 2. Which is NOT essential to preventing tooth decay?  
A. bleaching  
B. flossing  
C. visiting the dentist  
D. brushing
- C 3. When was the first toothbrush invented?  
A. 1500 A.D.  
B. 1950 A.D.  
C. 1000 A.D.  
D. 500 A.D.
- D 4. What is the most important ingredient in toothpaste?  
A. abrasive  
B. detergent  
C. foaming agent  
D. fluoride
- D 5. What is another word for plaque?  
A. mouthwash  
B. bristle  
C. abscess  
D. tartar
- C 6. Which is the worst time of day to drink a soda?  
A. afternoon  
B. morning  
C. night
- D 7. What percentages of fifteen-year-olds have the first stage of gum disease?  
A. 75%  
B. 100%  
C. 90%  
D. 60%