
Valuing Diversity Self-Assessment – Worksheet

Rate yourself *openly and honestly* on a scale of 1 to 5 for each item.

	Rarely	Sometimes	Always		
1. I understand the agency's diversity goals	1	2	3	4	5
2. I regularly assess my strengths and weaknesses in the areas of diversity, and I consciously try to improve myself.	1	2	3	4	5
3. I'm always asking questions. I'm curious about new things and people.	1	2	3	4	5
4. When I don't understand what someone says, I ask for clarification.	1	2	3	4	5
5. I'm committed to respecting all co-workers, customers, and vendors.	1	2	3	4	5
6. I work willingly and cooperatively with people different from me.	1	2	3	4	5
7. I recognize how bonding with my own group may exclude, or be perceived as excluding others.	1	2	3	4	5
8. I can communicate with and influence people who are different from me in positive ways.	1	2	3	4	5
9. I'm interested in the ideas of people, who don't think as I do, and I respect their opinions even when I disagree.	1	2	3	4	5
10. Some of my friends are different from me in age, race, background, etc.	1	2	3	4	5
11. I recognize I'm a product of my background: my way isn't the only way.	1	2	3	4	5
12. I'm aware of my prejudices and consciously try to control my assumptions about people.	1	2	3	4	5
13. I try to help others understand my differences.	1	2	3	4	5
14. I work to make sure that people who are different from me are heard and are respected.	1	2	3	4	5