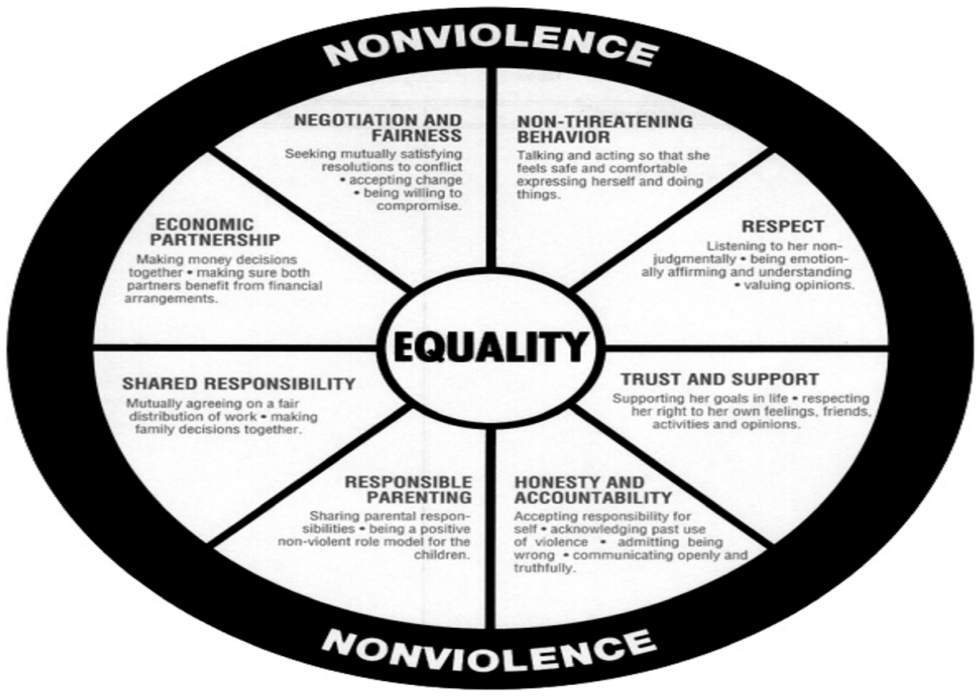




HEALTHY BOUNDARIES PROGRAM

For Assistance and Programming, Contact
Officer Tressa S. Johnson
Community Affairs
419-530-4964

Relationship Equality Wheel



The Healthy Boundaries program provides a safe place to talk about relationships and to learn and practice healthy relationship skills. Participants learn that healthy relationships are based on equality and mutual respect. In a healthy relationship, each person's can experience personal growth and the intimacy of healthy connectedness. The power in a healthy relationship is balanced. Healthy relationships happen when we actively respect each other's rights. Participants realize that while conflict is inevitable in relationships, fear, threats and violence are not. Healthy relationships have numerous benefits, including better morale, attendance, and grades.