



Read Exodus 20:1-6

Then God gave the people all these instructions: "I am the \_\_\_\_\_ your \_\_\_\_\_, who rescued you from the land of \_\_\_\_\_, the place of your slavery. You must not have any other \_\_\_\_\_ but me. You must not bow down to them or \_\_\_\_\_ them, for I, the LORD your God, am a jealous God who will not tolerate your affection for any other gods. I lay the sins of the parents upon their children; the entire family is affected – even children in the third and fourth generations of those who \_\_\_\_\_ me. But I lavish \_\_\_\_\_ for a thousand generations on those who \_\_\_\_\_ me and \_\_\_\_\_ my commands. (NLT)

Now we don't build idols or have burnt sacrifices like they did in Moses' time, but you might be surprised by some of the idols that we do have in our life! Anything that we value more, or put before God, can become an idol. For some people idols are things that they spend a lot of time doing, when maybe God is calling them to spend some time with Him. Idols might include things like technology (phones, computer/video games, TV, social media, etc.) or for others an idol might be accomplishing certain awards, achievements, or recognition. We even sometimes make ourselves our own idol! Like when we spend so much time focusing on our own looks & needs, while ignoring what God is calling us to do. None of these things are inherently bad or wrong. But we must always make sure that God comes FIRST in our lives!

Take a moment to reflect on some of the things in your life that you might be putting before God. Pray that God would help you to eagerly seek after Him before anything else. And, maybe even fast by giving up that idol and devoting whatever time you would have spent on that thing to God.

Use this space to write out a prayer to God. Ask Him for forgiveness for anything that you have made an idol in your life.

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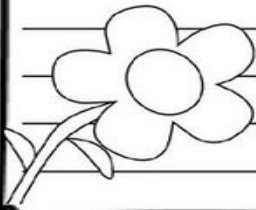
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Draw or write about something that might be an idol in your life that you want to give to God this week.

