




Physical Education Specials
Junior Kindergarten and PreSchool
Lesson Plans for Week 20: February 8 - 12, 2010



	JUNIOR KINDERGARTEN 1:10- 1:40	PRESCHOOL 2:10-2:40
		Mrs. Sobel (1:30) Monday Locomotion with Physical Ed, Movement Centers: Over-arm throwing @ targets, Scarf Juggling, Tunnel crawling & Balance Bean activities and 6 Cup Speed Stacking
Tuesday	Mrs. Panicker Locomotion with Physical Ed, Movement Centers: Over-arm throwing @ targets, Scarf Juggling, Tunnel crawling & Balance Bean activities and 6 Cup Speed Stacking	Mrs. Overcash Locomotion with Physical Ed, Movement Centers: Over-arm throwing @ targets, Scarf Juggling, Tunnel crawling & Balance Bean activities and 6 Cup Speed Stacking
Wednesday	 Planning/Assessment Period	
Thursday	Mrs. Panicker Locomotion with Physical Ed, Movement Centers: Over-arm throwing @ targets, Scarf Juggling, Tunnel crawling & Balance Bean activities and 6 Cup Speed Stacking	Mrs. Overcash & Mrs. Koch Locomotion with Physical Ed, Movement Centers: Over-arm throwing @ targets, Scarf Juggling, Tunnel crawling & Balance Bean activities and 6 Cup Speed Stacking
Friday		Mrs Voss-Phillips No Classes – Winter Holiday

Ms. Christina Smith, PreSchool - 3rd Physical Education teacher