My Weekly Reflection & Goal Setting

Name:_____

Week	Goal	Reflection
	My academic goals for this week are	Did I achieve my academic goals? How did I do it? What happened that I didn't?
	I will accomplish this by	
	My <i>behavior</i> goals for this week are	Did I achieve my behavior goals? How did I do it? What happened that I didn't?
	I will accomplish this by	
	My academic goals for this week are	Did I achieve my academic goals? How did I do it? What happened that I didn't?
	I plan to accomplish this by	
	My behavior goals for this week are	Did I achieve my <i>behavior</i> goals? How did I do it? What happened that I didn't?
	I plan to accomplish this by	