

SMART Goals Template

GOAL:

S

Specific

What do you want to accomplish?
What are your current goals?
What do you need to do?

M

Measurable

How will you know if you've
reached your goal?
How will you track your progress?

A

Attainable

How realistic is your goal?
What resources do you need?

R

Relevant

Is this goal important?
Does it align with your values?
Does it align with your mission?
Does it align with your vision?

T

Time Bound

When will you achieve your goal?
What is your deadline?
What is your timeline?

Source: <https://www.entrepreneur.com/101/101goals/101goals.html>