Name:

Energy

is the ability to do work or cause change.

Potential Energy is stored energy that could do work

occurs in different forms:

- Chemical
- Mechanical (Gravitational)
- Nuclear

Kinetic Energy is energy that does work

occurs in different forms:

- Heat
- Sound
- Motion
- Light
- Electrical
- Magnetic

Brainstorm! Think about energy in your every day life. Make a list of examples for each form of energy below.

Heat	Light	Sound	Electrical	Mechanical