

Dysfunctional Family Roles

The Hero is typically the oldest child and is often described as trustworthy, dutiful, mature, helpful, and organized.



The Placater is typically a girl and may also be the oldest child. She is often described as caring, compassionate, giving, and a good listener.



The Scapegoat is typically the second child and is often described as irritating, defiant, deceitful, hostile and disobedient.

The Lost Child seems to fall through the cracks, almost disappearing at times. They are often described as quiet, shy, lonely, solemn, and passive.



The mascot is typically the youngest child and is often described as outgoing, entertaining, excitable, cheerful and playful.



Do you recognize these roles in your family?