

ADDICTION QUIZ & REVIEW WORKSHEET

Answer "Yes" or "No:"

- 1. Do people comment about my "using?"
- 2. Do I feel guilty, ashamed or remorseful about my "using?"
- 3. Do I hide my alcohol/drugs from others?
- 4. Do I cover up my "using" or the consequences?
- 5. Do I do fewer "clean" activities with close friends than I used to?
- 6. Do I continue to "use" despite negative results?
- 7. Do I look forward to "using" for hours before I do it?
- 8. Do I "use" before I go to a party?
- 9. Do I "use" more or longer than others?

