## Effects of Substance Abuse

**Objectives**: to help an individual explore the effects of substance abuse. **Instructions**: In the table given below write down the positive and negative effects of substance abuse and andswer the questions mentioned after it.

Positive Effects of Substance Abuse	Negative Effects of Substance Abuse

Do the negative effects of substance abuse outnumber positive effects?	
What can you do to prevent the negative effects of substance abuse?	