

Food	
Description	
Brand	
Serving	Vitamin D
Grams/ML	Vitamin K
	Vitamin E
Calories	Thiamin
Total Fat	Riboflavin
Saturated Fat	Niacin
Trans Fat	Vitamin B6
Cholesterol	Total Folate
Sodium	Food Folate
Carbohydrates	Folic Acid
Fiber	Vitamin B12
Sugar	Phosphorus
Protein	Magnesium
Vitamin A	Zinc
Vitamin C	Selenium
Calcium	Copper
Iron	Manganese
	Potassium

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