SB-12 Compliant Foods: Snack Foods Worksheet

Based on Standards for Elementary Schools (ES)

Version 1.0

INSTRUCTIONS

1. "Mouse over" the red flags in column headings for additional information.
2. Enter product information in the appropriate boxes. Product information should be obtained from the actual package.
3. Please fill in all the appropriate boxes (required entries). Boxes left blank will affect the outcome.
4. The last column will show if the snack meets state requirements.

PRINTING

1. Print on LEGAL size paper.
2. IMPORTANT: Only print 1-2 pages at a time. If you print all, many pages will print out.

SB-12 GUIDELINES FOR ELEMENTARY SCHOOLS

* Not more than 175 calories per package
* Not more than 35% of total calories from fat
* Not more than 10% of total calories from saturated fat
* Not more than 35% of total weight from sugar (natural and added)

Snack Food	*Required Entry*	*Required Entry if Snack is Compliant*			*Additional Required Entry if Snack is Not Exempted*				*Calculated Values*				Meets SB-12?
	Compliant Snack? (y/n) Enter "y" if unsure	Exempted Snack? (y/n)	Number of Servings per Package	Calories per Serving (number)	Package Weight (grams)	Fat per Serving (grams)	Saturated Fat per Serving (grams)	Sugar per Serving (grams)	Total Calories (number)	Calories from Fat (percent)	Calories from Saturated Fat (percent)	Weight from Sugar (percent)	
													No