

**The Armor of God Prayer Worksheet**

Father, with the upcoming battles today  
being spiritual in nature, please help me to...

Write a brief response:

Buckle

*"14a...truth like a belt around [my] waist,"*

How can I speak truth in love today?

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Strap on

*"14b...righteousness like armor on [my] chest,"*

What "right" things can I do today?

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Lace up boots of

*"15...readiness with the gospel of peace,"*

How can I model peacefulness today?

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Firmly hold

*"16...the shield of faith,"*

What type of challenges may come?

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Confidently wear

*"17a ...the helmet of salvation,"*

How should this affect my attitude?

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Properly use

*"17b ...the sword of the Spirit...God's Word,"*

How should I speak about scripture?

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And remember

*"18...to pray at all times in the Spirit,"*

How can I specifically pray today?

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That You may be honored.

In Jesus' name, Amen

(Ephesians 6:10-18)