

	1	2	3	4	5
	<b>None</b>	<b>Minimal</b>	<b>Basic</b>	<b>Adequate</b>	<b>Superior</b>
<b>Knowledge</b>	<b>No knowledge of:</b> <ul style="list-style-type: none"> <li>• symptoms that are unusual or could be a sign of mental illness</li> <li>• treatment needs/options</li> <li>• impact of illness symptoms on life</li> <li>• healthy coping skills that can reduce or manage symptoms</li> </ul>	<b>Minimal knowledge of:</b> <ul style="list-style-type: none"> <li>• symptoms that are unusual or could be a sign of mental illness</li> <li>• treatment needs/options</li> <li>• impact of illness symptoms on life</li> <li>• healthy coping skills that can reduce or manage symptoms</li> </ul>	<b>Basic knowledge of:</b> <ul style="list-style-type: none"> <li>• symptoms that are unusual or could be a sign of mental illness</li> <li>• treatment needs/options</li> <li>• impact of illness symptoms on life</li> <li>• healthy coping skills that can reduce or manage symptoms</li> </ul>	<b>Adequate knowledge of:</b> <ul style="list-style-type: none"> <li>• symptoms that are unusual or could be a sign of mental illness</li> <li>• treatment needs/options</li> <li>• impact of illness symptoms on life</li> <li>• healthy coping skills that can reduce or manage symptoms</li> </ul>	<b>Superior knowledge of:</b> <ul style="list-style-type: none"> <li>• symptoms that are unusual or could be a sign of mental illness</li> <li>• treatment needs/options</li> <li>• impact of illness symptoms on life</li> <li>• healthy coping skills that can reduce or manage symptoms</li> </ul>
	<b>Not Appropriate</b>	<b>Rarely Appropriate</b>	<b>Inconsistently Appropriate</b>	<b>Usually Appropriate</b>	<b>Consistently Appropriate</b>
<b>Behavior</b>	<b>Does not:</b> <ul style="list-style-type: none"> <li>• take medication</li> <li>• attend therapy</li> <li>• access mental health care</li> </ul> <b>Self diagnoses and/or self medicates mental health symptoms.</b>  <b>Consistently engages in behavior that exacerbates symptoms</b>	<b>Rarely:</b> <ul style="list-style-type: none"> <li>• takes medication</li> <li>• attends therapy</li> <li>• accesses mental health care</li> </ul> <b>Usually engages in behavior that exacerbates symptoms/uses ineffective self-care</b>	<b>Inconsistently:</b> <ul style="list-style-type: none"> <li>• takes medication</li> <li>• attends therapy</li> <li>• accesses mental health care</li> </ul> <b>Inconsistently engages in behavior that exacerbates symptoms/ some positive self-care</b>	<b>Usually:</b> <ul style="list-style-type: none"> <li>• takes medication</li> <li>• attends therapy</li> <li>• accesses mental health care</li> </ul> <b>Usually engages in behavior/self care that stabilizes or improves symptoms</b>	<b>Consistently:</b> <ul style="list-style-type: none"> <li>• takes medication</li> <li>• attends therapy</li> <li>• accesses mental health care</li> </ul> <b>Maintains lifestyle to promote wellness</b>
	<b>Extreme S/S</b>	<b>Severe S/S</b>	<b>Moderate S/S</b>	<b>Minimal S/S</b>	<b>No S/S</b>
<b>Status</b>	<b>Extreme:</b> <ul style="list-style-type: none"> <li>• agitation</li> <li>• depression</li> <li>• psychosis</li> <li>• anxiety</li> <li>• suicidal thoughts with a suicide plan</li> </ul> <b>Unable to cope at all.</b>  <b>Harmful to self or others.</b>  <b>Needs hospitalization.</b>	<b>Severe:</b> <ul style="list-style-type: none"> <li>• agitation</li> <li>• depression</li> <li>• psychosis</li> <li>• anxiety</li> <li>• suicidal thoughts with no suicide plan</li> </ul> <b>Minimal coping ability.</b>  <b>Severe impact on life</b>  <b>Needs outpatient care</b>	<b>Moderate:</b> <ul style="list-style-type: none"> <li>• agitation</li> <li>• depression</li> <li>• anxiety</li> </ul> <b>Moderate coping skills</b>  <b>Moderate impact on life</b>	<b>Minimal:</b> <ul style="list-style-type: none"> <li>• agitation</li> <li>• depression</li> <li>• anxiety</li> </ul> <b>Usually coping</b>  <b>Minimal impact on life</b>	<b>Consistently coping with daily stressors.</b>  <b>Positive social functioning.</b>  <b>No impact on life</b>