

Name:

Date:

## Nutrition

Unscramble the words. Find the correctly spelt words in the word search.

Nutrients  
Carbohydrates  
Proteins  
Fats  
Vitamins  
Minerals  
Glycogen  
Water  
Beads  
Mats  
Butter  
Vegetables  
Cereal  
Alcohol  
Sodium  
Fruits

Words are in straight lines, moving along a spiral arm.  
This word search will take about 19 minutes.

