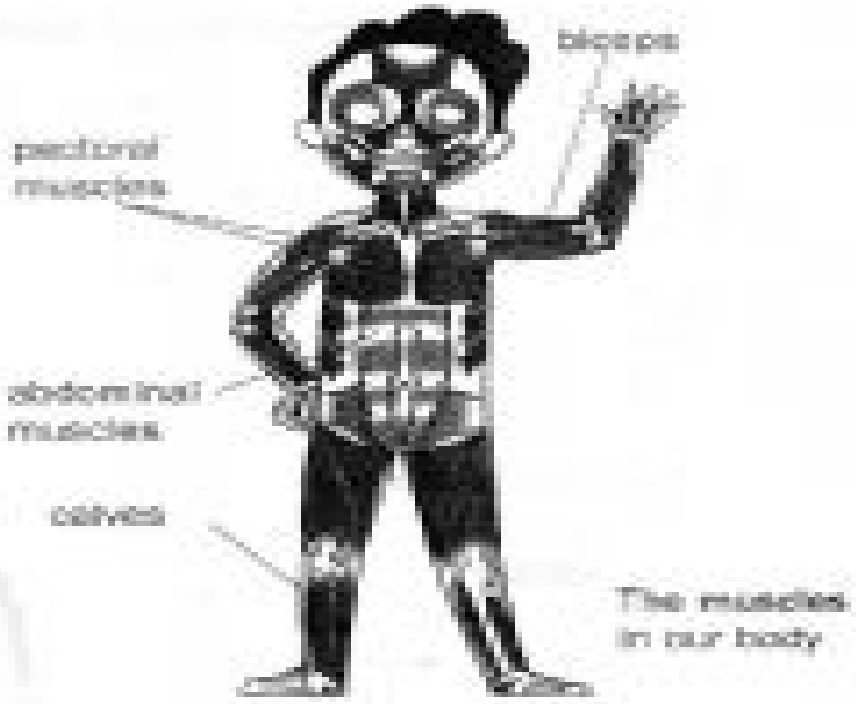
biceps
pectoral muscles
abdominal muscles
calves
The muscles in our body