

**PROGRAMME SPECIFICATION DOCUMENT FOR
PgD PSYCHOLOGICAL THERAPIES:
COGNITIVE BEHAVIOUR THERAPY**

1.	Teaching Institution	Teesside University
2.	Collaborating Organisations <i>(include type)</i>	Primary Care Trusts (Health Care Commissioning); NIMHE and CSIP (NHS organisational development) Lead for DOH curriculum
3.	Delivery Location <i>(if different from UoT)</i>	Teesside University
4.	Programme Externally Accredited by (e.g. PSB)	N/A
5.	Award Title(s)	Postgraduate Diploma in Cognitive Behaviour Therapy
6.	Lead School	School of Health & Social Care
7.	Additional Contributing Schools	N/A
8.	FHEQ Level <i>(see guidance)</i>	7
9.	Bologna Cycle <i>(see guidance)</i>	Second cycle (end of cycle) qualifications
10.	JACS Code and JACS Description	B700
11.	Mode of Attendance <i>(full-time or part-time)</i>	Full Time
12.	Relevant QAA Subject Benchmarking Group(s)	N/A
13.	Relevant Additional External Reference Points <i>(e.g. National Occupational Standards, PSB Standards)</i>	NHS Key Skills Framework (2004); 10 Essential Shared Capabilities (DOH 2004); Competencies required to deliver CBT for depression and anxiety disorders (Roth and Pilling, 2007); BABCP accreditation guidelines
14.	Date of Production/Revision	April 2009
15.	Criteria for Admission to the Programme	Health Care graduates, for example, from psychology,