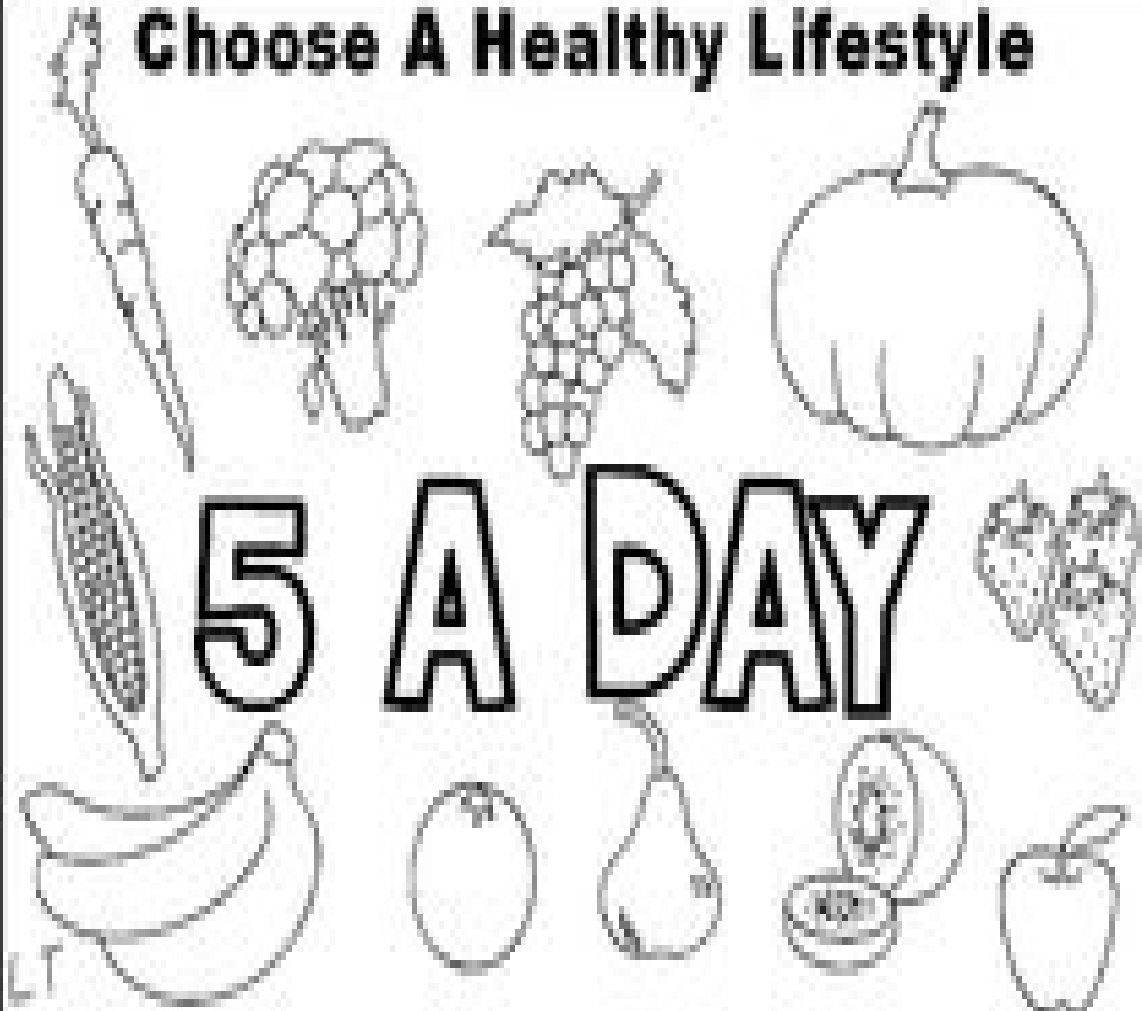


**Choose A Healthy Lifestyle**



**5 A DAY**

**Eat plenty of fruit and vegetables.**

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