

## Substance Abuse Treatment: Group Therapy

### Multiple Choice

Identify the choice that best completes the statement or answers the question.

- \_\_\_\_\_ 1. **Chapter 1**  
This natural propensity in humans makes group therapy a powerful therapeutic tool for treating substance abuse.  
A. to support one another  
B. to congregate  
C. to join a cause  
D. to seek out therapy when needed
- \_\_\_\_\_ 2. Groups provide positive peer support and pressure to abstain from substances of abuse.  
A. True  
B. False
- \_\_\_\_\_ 3. Group therapy is equivalent to 12-step program practices.  
A. True  
B. False
- \_\_\_\_\_ 4. Ineffective substance abuse group therapy can be related to two problems primarily:  
A. lack of group cooperation or an unskilled therapist  
B. lack of clinical supervision or applying the wrong modality for this type of group  
C. a poor attitude on the part of the therapist or poor academic training  
D. lack of effective group therapy training or the use of a group therapy model that is inadequate for the chemically dependent
- \_\_\_\_\_ 5. For the most part, group therapy has been based on a model derived from inpatient therapy for clients whose problems may or may not include substance abuse.  
A. True  
B. False
- \_\_\_\_\_ 6. **Chapter 2**  
The primary way to define the types of groups that are used in substance abuse treatment is by a combination of:  
A. group goals and methodology  
B. gender makeup and group goals  
C. the primary substance of abuse and methodology  
D. None of the above
- \_\_\_\_\_ 7. This TIP manual discusses 5 types of group models that are effective for substance abuse treatment. Which of the following is **NOT** one of the 5.  
A. psycho-educational groups  
B. skills development groups  
C. relapse prevention groups  
D. support groups