## Pain-to-Power Vocabulary

Pain — Power

I can't..... I won't

I should..... I could

It's not my fault. . . . . I'm totally responsible

It's a problem..... It's an opportunity

I'm never satisfied . . . . I want to learn and grow

Life's a struggle . . . . . Life's an adventure

I hope ..... I know

If only . . . . . Next time

What will I do?..... I know I can handle it

It's terrible . . . . . . It's a learning experience