

MEAT, FISH, POULTRY ITEMS	NUMBER MEALS/WEEK						TOTAL MEALS
	1	2	3	4	5	6	
LUNCH, DINNER							
<u>BEEF</u>							
OVEN ROAST	1		1		1		3
POT ROAST		1		1		1	3
SWISS STEAK	1		1		1		3
GRILLED STEAK	1		1			1	3
GROUND	2	1	2	2	1	2	10
PATTIES	1	2	2	1	2	1	9
DICED			1				1
LIVER	1		1		1		3
FRANKFURTERS		1		1		1	3
<u>HAM</u>							
CANNED	1		1		1		3
COOKED, FROZEN ...	1	1		1		1	4
<u>PORK</u>							
DICED			1			1	2
PORK LOIN		1		1			2
PORK CHOPS	1		1		1	1	4
SPARERIBS	1				1		2