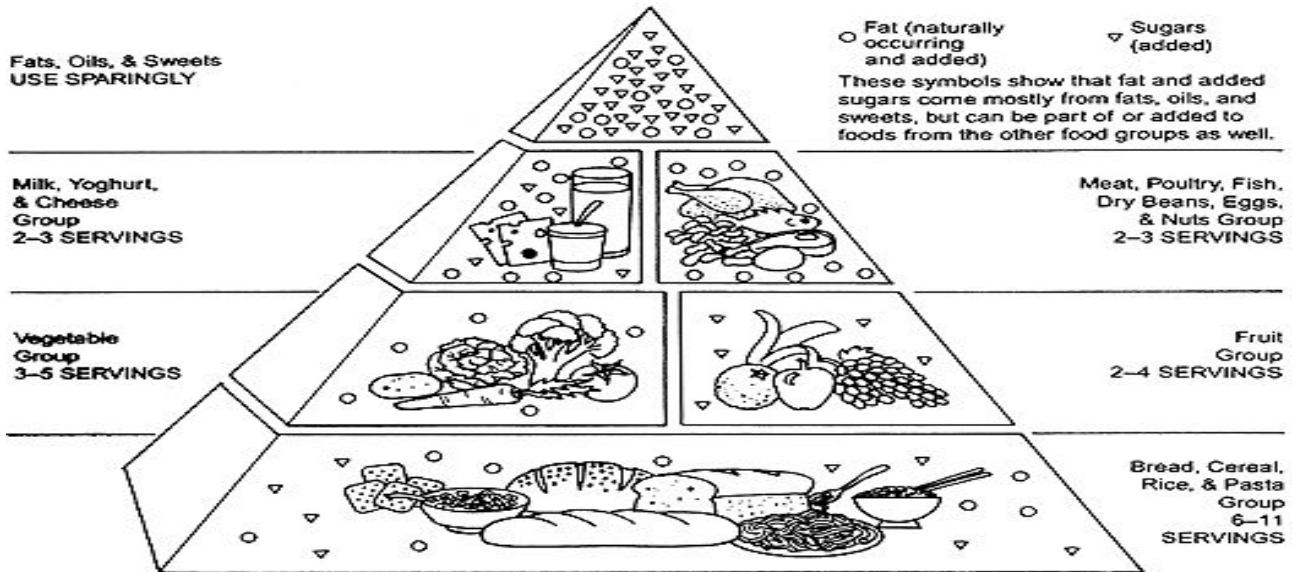


(a)

**Food Guide Pyramid**  
A Guide to Daily Food Choices



(b)

