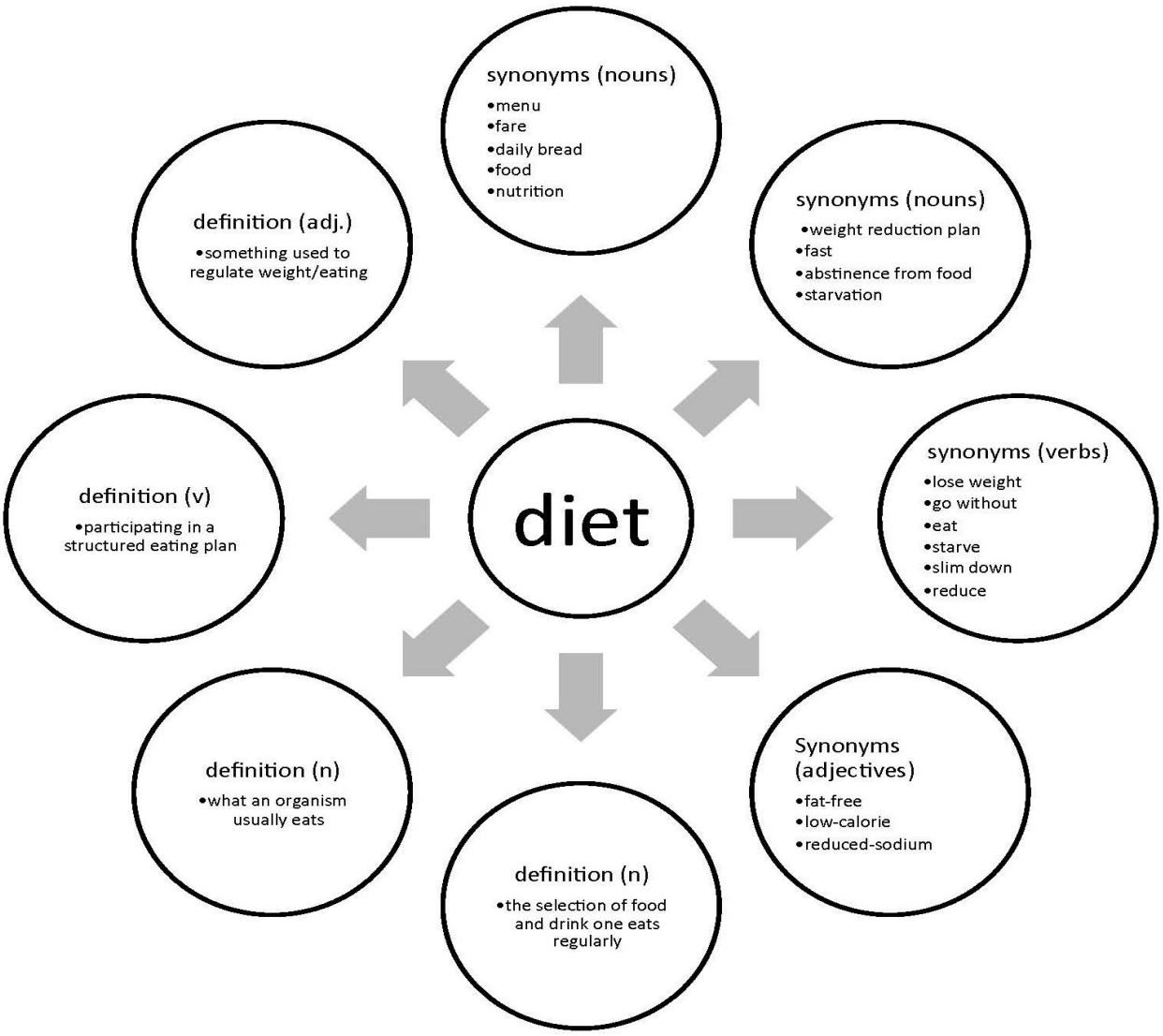
Word Web


diet
synonyms (nouns)
•menu
•fare
•daily bread
•food
•nutrition
synonyms (nouns)
•weight reduction plan
•fast
•abstinence from food
•starvation
synonyms (verbs)
•lose weight
•go without
•eat
•starve
•slim down
•reduce
Synonyms (adjectives)
•fat-free
•low-calorie
•reduced-sodium
definition (n)
•the selection of food and drink one eats regularly
definition (n)
•what an organism usually eats
definition (v)
•participating in a structured eating plan
definition (adj.)
•something used to regulate weight/eating