

How did you react when you fell or when you are only a little irritated, or angry. Circle the warning sign that

<b>Mind goes blank</b>	<b>Inst.</b>
<b>Body or hands shake</b>	<b>Sho</b>
<b>Heavy or fast breathing</b>	<b>Stare</b>
<b>Scream, raise voice, or yell</b>	<b>C</b>