

Career Development 2007- 2008 Curriculum

Tools for Each Class

Each Class should be equipped with the following:

1. Attendance Sheet
2. Assorted Dry Erase Markers
3. Talk the Talk Word
4. Icebreaker
5. Toy Microphone (Talking Tool)
6. Extra Copies of Handouts
7. Prizes and/or Treats

Introduction/ Career Assessment

Introduction

- Icebreaker
- Instructor's Introduction
- Review Syllabus
- Class Expectations
- Sign up for appointments
- Talk the Talk word – Intent (n): a purpose, aim, or goal
- Icebreaker
- Discussion: What do you want to do after high school?
- Steps to achieve Goals or Interests
 - D for Dream It
 - R for Research
 - D for Decide
 - R for Reflect
 - D for Determination
- Career Assessment (Assessment Packet)

Career Exploration

Researching Career Paths

- Talk the Talk word – thrive (v): to do well, be successful
- Icebreaker
- Discussion 1: Identify Your Dreams: Before we can obtain our goals, we have to know what we want out of life. Dreaming is the first step to determining goals. Students participate in a relaxation exercise and complete a worksheet.
- Discussion 2: What is work? Job vs. Career and Things to think about when setting goals
 - what steps do you think it takes to have desired career
- Icebreaker
- Discussion 3: Organize Career Information: to make an informed decision about a career, students need information about themselves.