

## LESSON PLAN – Year Five

### Learning Objectives/National Curriculum Links

PSHE: 3d, 3e, 3f

English: En1 3a, 3b, 3c, 3d, 3e; En3 10, 11, 12

Science: Sc2 2g

### What you will need

Take advice from local authority to write suitable scenarios for issues of peer pressure influence in trying drugs, solvents or alcohol for the first time  
Scenarios written on to worksheet and copy made for each group  
Scrap paper for additional notes if necessary

### Activities

1. Review the children's understanding of peer pressure from their work in Year Four. Review any previous work on drug, solvent and alcohol abuse (5 mins)
2. Discuss the first scenario on the worksheet with the whole class:
  - What is wrong with this?
  - What are the risks?
  - What could happen? (5 mins)
3. Why might people go along with it?
  - Too embarrassed or scared to say anything
  - Want to stay popular with the group
  - Don't want to spoil the fun
  - Don't want to appear bossy (10 mins)
4. What could they do or say?
  - "That's dangerous – I don't want to take a risk"
  - "I don't want to. Why don't we do ..... instead?"
  - "Young children might see us and copy us"
  - Stand up for yourself but be polite, rather than bossy, aggressive or rude (10 mins)
5. Ask the children to work in small groups to discuss the other scenarios on the worksheet. Write these questions on the board to guide their discussion. **What is wrong with this? What are the risks? What could happen? Why might people go along with it? What could they do or say?** Group members should take turns to make notes on their answers to these questions for each scenario (20 mins)
6. After about 20 minutes bring the class back together. Choose one scenario and ask for suggestions about how to deal with it from the different groups. Emphasise and reinforce safety issues and assertive responses (10 mins)

### Additional Activities

1. Design a leaflet giving advice to children of a similar age faced with peer pressure to try drugs, solvents or alcohol.