



Self-Evaluation Worksheet: How Do I Decide What I Really Want To Do?

One of the most difficult parts of the employment search process is deciding what you really want to do. The best way to begin to make this decision is to complete a self-evaluation using the questions listed below. Think about each question and write down your answers, so that you can refer to them as you continue to research and make decisions about potential job opportunities and career directions.

1. First thing's first – think about what you LIKE to do. People are most successful (and happiest) when their work involves them doing something that they enjoy, so it makes sense to start by thinking about the following questions:

➤ **What do I like to do most?** List at least 3 things:

➤ **What am I most interested in?** List at least 2 things:

➤ **What am I best at doing?** List at least 1 thing:

2. Next, it's a good idea to think about the GOALS you want to accomplish – both in the short and long term. Short-term goals might include things like making money to pay for college or gaining basic work experience that will lead to more responsible/higher-paying jobs in the future. In contrast, long-term goals might include things like running your own business or providing financial stability for your family. You will want to consider both kinds of goals when you begin to look for jobs and research career options.

➤ **What short-term goals would I like to accomplish?** List at least 2 goals:

➤ **What are my long-term goals?** List at least 2 goals:
