

PLANNING A HEALTHY JOURNEY

Answer the following questions to help you plan your journey well.

THE HEAD	1. What is the message? 2. What is the issue or problem at present? 3. What other issues does this raise? 4. What is the challenge to change?
THE BELLY	1. What is the need? 2. What is the challenge? 3. Why does the issue last so long? 4. What does the issue cost? Why?
THE JOURNEY	1. Where is the best place? 2. What kind of resources does the team have? 3. Who else can help? 4. Does your destination fit your journey?
GOALS / OBJECTIVES	1. Which goal is goals truly the team's why do they want to help others? 2. How do they help others like give them some gifts to help the others challenges? 3. What are these gifts of what can they do with the resources there?
THE MACHINES	1. What does or look like? 2. What resources is it made up of? 3. What special powers does it have? 4. What does this team have to do the job well?
THE DECISION	1. What is the main problem faced by the team? 2. How does the issue long problem? 3. Does the issue give you the goals you had? How?