

MUSCULAR SYSTEM

1. _____ *The group of tough tissue that makes body parts move.*
2. _____ *means to shorten while to _____ means to stretch; by making these motions, muscles keep you moving.*
3. *The three kinds of muscle are:*
 - a. _____
 - b. _____
 - c. _____
4. *The muscles in your digestive system and your blood vessels are _____ muscles.*
5. *The muscles that make your body move are the _____ muscles.*
6. *The muscle that makes your heart work is the _____ muscle.*
7. *Four ways to care for your muscles are:*
 - a. _____
 - b. _____
 - c. _____
 - d. _____
8. _____ *is the firmness that muscles have at all times.*
9. _____ *is a disease in which a skeletal muscle wastes away and is passed on from parent to child.*

