

# Developmental Theories in Action: Clinical Worksheet

Client

name:

EVENTS:  
Significant Historical and Current Stressors:

Relevant Issues of Race, Ethnicity, or Culture:

BIOLOGICAL FACTORS:  
Cognitive/Sensory/Motor Skills:

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SYMPTOMS:

COPING SKILLS:  
Defense Mechanisms:

Strengths and Virtues:

ATTACHMENT  
STYLE:

DEVELOPMENTAL STAGES:  
Piaget:  
Erikson:  
Kohlberg:

PARENTING STYLE(s):

Other Relevant Factors:

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