

## PERSONALITY & PERSONAL PLANNING APPROACH

### **Adaptiveness**

How comfortable someone  
feels going and coping in  
different and unusual places

### **Adaptability**

How often and how frequently  
someone changes jobs or other  
commitments

### **Preparedness**

How often someone exercises  
their own limits by being  
prepared and ready for any  
situation

### **Contingency**

How often someone  
prepares for already known  
contingencies

### **Clarity**

How someone determines  
that an action step is  
necessary, feasible, or difficult  
relative to another challenge

### **Pragmatism**

How often someone  
determines they will never get  
up and do things at the end  
of an hour

### **Autonomy**

How someone determines  
that personally, personally, and  
materially they should

### **Novelty**

How often someone  
determines that they have to  
pursue a new idea

### **Comprehension**

How often someone  
determines that they need to complete a

### **Flexibility**

How often someone  
determines that they need to  
complete a