

JUST FOR KIDS

c g y b a l a b s e i r e c o r g
 a w d r g r a i s s s t a f u y o
 r a i e b r s k c a n s s g b t r
 b t n a m i l k k p k e t r g t e
 o e n k p r o s p o s t e h y a n
 h r y f y r g n u h d a e r b h n
 y h u a k i s i e s a e w g r t i
 d l o s i l t a r a g u s f o o d
 r u h t m a c r m i l d r a t k r
 a n h e d i u g i x a u l e l t i
 t c e a s s d t l i i u m i a n e
 e h g u u a o h r t a e m u e u d
 s r o z e n r y h t l a e h h l e
 f r e s h j p n u l n e z o r f g
 b a l a n c e d y n i e t o r p e
 f o o s a r t x e l b a t e g e v

FUN FOOD GROUPS WORDSEARCH

FIND THE WORDS IN THE LIST BELOW



- | | | | | |
|---------------|--------|-----------|----------|-----------|
| Balanced | Dried | Fruit | Hungry | Shop |
| Bread | Eat | Food | Lunch | Snacks |
| Breakfast | Extras | Grains | Meat | Sugar |
| Carbohydrates | Fats | Groceries | Milk | Sweets |
| Dairy | Fresh | Guide | Products | Vegetable |
| Dinner | Frozen | Health | Protein | Water |

**VISIT THE ABOUT KIDS HEALTH WEBSITE
 AT WWW.ABOUTKIDSHEALTH.CA/JUSTFORKIDS**