

Eating

When you eat, you taste food with your tongue (1) and chew it into pieces. When you swallow, pieces of food move down the esophagus (2). As food moves through the stomach (3) and small intestine (4), it breaks down into pieces tiny enough to feed the cells in your body. Parts of the food that cells don't use keep moving through your large intestine (5) and rectum (6) until they finally pass out of your body.

